



**Tittel:** Shared decision making: Really putting patients at the centre of healthcare

**Forfatter:** Stiggelbout, A., Weijden, T., Wit, M., Frosch, D., Légaré, F., Montori, V., . . . Elwyn, G.

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**Sammendrag:**

Although many clinicians feel they already use shared decision making, research shows a perception-reality gap. A M Stiggelbout and colleagues discuss why it is important and highlight some best practices.

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**Relevant lenke:** <https://doi.org/10.1136/bmj.e256>